

TCS Global Engagement Presents:

**TCS GLOBE Talk: Strategies for Self-Care and Mental Health: Managing Care for Others**

**Program Offers 1.0 APA CEs for Psychologists, and 1.0 BBS California CEUs for LPCCs, LPSW, and LMFTs**

Webinar was recorded via Zoom on June 23<sup>rd</sup>, 2020

**Workshop Description:**

Dr. Emma Grace's peer-reviewed paper on internationalization of psychology has been published in the NAFSA Research Symposium Series. In this research, Dr. Grace did a meta-analysis of 132 International Psychology PhD dissertations published in the ProQuest Dissertations database. These dissertations were completed and defended by the International Psychology PhD students from all TCSPP campuses, including DC Campus, between January 2012 and October 2019. Dr. Grace is proud to share that 132 graduates have included 7,481 participants from 64 countries in their research on the psychological topics of global importance!

This Globe Talk will present some of these findings and discuss the future of international psychology in the light of current challenges with COVID-19. The researcher's international immersion, the data collection modality, the researcher's linguistic competency, the data collection language, and other aspects of international psychological research will be discussed.

**Learning Objectives:**

After attending this intermediate-level workshop, participants will be able to:

1. Describe the importance of internationalization of psychology to make psychology more inclusive of underrepresented populations worldwide and applicable to the current global health needs.

**Professional Bio of Emma Grace, PhD, Associate Professor, Core Faculty, International Psychology Program**

Dr. Emma Grace is an Associate Professor of International Psychology at The Chicago School of Professional Psychology, Washington, DC Campus. She teaches doctoral-level courses in international psychology and chairs numerous dissertation committees. Within the Global Collaboration on Traumatic Stress (GC-TS), an international network of trauma experts, Dr. Grace is the Project Leader of the Global Psychotrauma Screen (GPS) Child and Adolescent Versions, a member of the GPS – Cross-Cultural Responses to COVID-19 and the GPS Project Group international research projects. She specializes in the

areas of global mental health and trauma, humanitarian mental healthcare, mass psychogenic illness, mass violence, forced displacement, revenge ideation, radicalism, and suicide terrorism.

### **Program Standards and Goals**

This program meets APA's continuing education Standard 1.3: Program content focuses on topics related to psychological practice, education, or research other than application of psychological assessment and/or intervention methods that are supported by contemporary scholarship grounded in established research procedures.

This program meets APA's continuing education GOAL 1: Program is relevant to psychological practice, education, and/or science.

### **Registration and Fees:**

Free

**Refund Policy:**100% of tuition is refundable up to 48 hours before the program. Within 48 hours of the program, tuition is nonrefundable.

### **References:**

Draguns, J. G. (2012). Counseling and psychotherapy around the world: Current status and future prospects. In Moodley, R., Gielen, U. P., & Wu, R. (Eds.), *Handbook of counseling and psychotherapy in an international context* (pp. 417-427). New York, NY: Taylor and Francis.

Heine, S. J. (2012). *Cultural Psychology*. (3rd ed.). New York, NY: Norton.

Stevens, M. J., Benedict, A, & Pecanha, V. (2018). Foundation and Parameters of a Contextualized Global Psychology Education. In *Culture Across the Curriculum: A Psychology Teacher's Handbook*. Culture and Psychology, Ed. Kenneth D. Keith. New York, NY: Cambridge University Press.

Van de Vijver, F.J. R. (2013). Contributions of internationalization to psychology: Toward a global and inclusive discipline, *American Psychologist*, 68(8). 761-770.

### **CONTINUING EDUCATION:**

**Target Audience:** Any mental health or health care practitioner engaged in therapeutic care and interested in furthering the discussion about evidence-based practice. Graduate students are welcome.

**Psychologists.** This program, when attended in its entirety, is available for 1.0 continuing education credits. The Chicago School of Professional Psychology is committed to accessibility and non-

discrimination in its continuing education activities. The Chicago School of Professional Psychology is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Danielle Bohrer at 312-467-2364. There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

**MFTs, LPCCs, and LCSWs.** Course meets the qualifications for 1.0 hour of continuing education credit for MFTs, LPCCs, and/or LCSWs as required by the California Board of Behavioral Sciences. *If you are licensed outside of California please check with your local licensing agency to determine if they will accept these CEUs.* The Chicago School of Professional Psychology is approved by the California Board of Behavioral Sciences (BBS) to offer continuing education programming for MFTs, LPCCs, LEPs, and/or LCSWs. The Chicago School of Professional Psychology is an accredited or approved postsecondary institution that meets the requirements set forth in Sections 4980.54(f)(1), 4989.34, 4996.22(d)(1), or 4999.76(d) of the Code.

**Other Non Psychologists.** Most licensing boards accept Continuing Education Credits sponsored by the American Psychological Association but non-psychologists are recommended to consult with their specific state-licensing board to ensure that APA-sponsored CE is acceptable.

**Participation Certificate.** The Chicago School of Professional Psychology is able to provide students and other participants who simply wish to have documentation of their attendance at the program a participation certificate.

***\*Participants must attend 100% of the program in order to obtain a Certificate of Attendance.***

The Chicago School of Professional Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Chicago School of Professional Psychology maintains responsibility for this program and its content.

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