

# Triage for the Bullied or Troubled Student: Through a Survivor's Eyes Homestudy Program Offers 1.5 BBS California CEUs for LPCCs, LPSW, and LMFTs

Webinar was recorded via Zoom on March 3, 2021

## **Workshop Description:**

Jodee Blanco, author of the seminal New York Times bestseller, Please Stop Laughing at Me... and multiple other books on bullying, will bring your audience inside the heart and mind of the bullied child, and help them to see the world through their compelling point of view. As the nation's first survivor turned activist/expert, she will also share some of her most unforgettable experiences working deep inside the trenches of America's schools for over two decades. Jodee provides a rare and illuminating perspective that only someone who was bullied herself and who holds hundreds of bullied students in her arms every day as they pour their hearts out to her, can understand.

Highlights of this class include: what you should never say to a bullied child and why; what you should say and do; The Three Tenants of Emotional Credibility in Communication and how to engage each to elicit truth from a student in crisis; how the bully and the victim are flipsides of the same coin and how to identify and assist both; the two types of bullying and why one is innocuous and the other dangerous; the two types of popular students and how to harness their influence to create a more inclusive atmosphere at school; the typical profile of the bullied child; how to intervene with a bullied child one-on-one; how to intervene with a group; why traditional punishment doesn't always work and how to supplement it with a more intuitive alternative called Compassionate Discipline; how to spot the warning signs a victim may be suicidal or contemplating retaliation; where to turn for support; and how to work in partnership with parents on all sides.

She will also reveal deeply personal insights such as: the worst mistakes the adults in her life made and what she wishes they would have done differently; the most common complaints she hears from bullied students today, and what they want their teachers and parents to know but don't have the courage to tell them.

Note: Jodee will integrate the most current Covid-related developments into this presentation including bullying awareness and prevention strategies for the socially distanced, hybrid and virtual classrooms among other insights specific to building classroom community, inclusion and social/emotional learning in the new and evolving post-Covid reality.

# **Learning Objectives:**

After attending this intermediate-level workshop, participants will be able to:

(1) Identify specific characteristics of the two types of bullied students.



- (2) Apply specific intervention steps that are from the child's point of view.
- (3) Describe the three tenants of emotional credibility in communication.

#### **Professional Bio of Jodee Blanco**

Jodee Blanco is the author of two New York Times bestsellers including the seminal memoir, Please Stop Laughing at Me.... She is anti-bullying's first voice and one of the most respected speakers and bullying prevention experts in the country. She has implemented her program It's NOT Just Joking Around! in hundreds of schools, has presented to thousands of students, teachers and parents, and is frequently called upon by school districts to keynote their professional development conferences, and work with their schools. She is the author of a series of critically acclaimed white papers for educators, administrators and mental health professionals on the subject of bullying, and a featured presenter at major educational conventions. Prior to her anti-bullying work, she owned an international PR firm and taught at The University of Chicago and New York University. She has been featured in USA Today, on CBS Evening News, and is a frequent media guest on bullying related breaking stories. For more info, please visit www.jodeeblanco.com.

# **Registration and Fees:**

General Admission: \$25.00

TCSPP Current Site Supervisors & Community Partner Admission: \$15.00

TCSPP Alumni Admission: \$15.00

TCSPP Faculty and Staff: Free

TCSPP Student Admission: Free

## **References:**

Blanco, Jodee (2003). Please Stop Laughing at Me... One Woman's Inspirational Story (2nd Ed.). Adams Media/Simon & Schuster.

Blanco, Jodee (2011). Please Stop Laughing at Us... The Sequel to the New York Times Bestseller Please Stop Laughing at Me... (2nd Ed.). BenBella Books

Blanco, Jodee (2018). A Primer on Handling Challenging Parents. National Catholic Educational Association.

Blanco, Jodee (2017). A Primer on Bullying Intervention. National Catholic Educational Association.



Blanco, Jodee (2019). A Primer on Compassionate Discipline. National Catholic Educational Association.

Hostetler-Mullet, Judy (2014). Restorative Discipline: From Getting Even to Getting Well. Children & Schools. Volume 36, Issue 3. National Association of Social Workers Press.

Payne, Allison-Ann, Welch, Kelly (2017). The Effect of School Conditions on the Use of Restorative Justice in Schools. Youth Violence and Juvenile Justice. Volume 16, Issue 2. Sage Publications

### **CONTINUING EDUCATION:**

**Target Audience**: All mental health professionals, particularly LCPC's LSW's, LMFT's, educators, gradute students welcome

MFTs, LPCCs, and LCSWs. Course meets the qualifications for 1.5 hour of continuing education credit for MFTs, LPCCs, and/or LCSWs as required by the California Board of Behavioral Sciences. If you are licensed outside of California, please check with your local licensing agency to determine if they will accept these CEUs. The Chicago School of Professional Psychology is approved by the California Board of Behavioral Sciences (BBS) to offer continuing education programming for MFTs, LPCCs, LEPs, and/or LCSWs. The Chicago School of Professional Psychology is an accredited or approved postsecondary institution that meets the requirements set forth in Sections 4980.54(f)(1), 4989.34, 4996.22(d)(1), or 4999.76(d) of the Code.

**Participation Certificate.** The Chicago School of Professional Psychology is able to provide students and other participants who simply wish to have documentation of their attendance at the program a participation certificate.

\*Participants must attend 100% of the program in order to obtain a Certificate of Attendance.

\* This program does not offer APA CE Credits\*