

TCS Presents:

The Ethics of Sexual Issues in Therapy

Program Offers 2.0 APA CEs for Psychologists, and 2.0 BBS California CEUs for LPCCs, LPSW, and LMFTs

Webinar was recorded via Zoom on January 15th, 2021

Workshop Description:

Sexual health and wellness topics in therapy are often ignored, deprioritized, or even pathologized by clinicians. Sexual issues are one of the few issues still considered to be so taboo that they can only be treated by specialists (e.g., sex therapists). Though, of course, sex therapists may be able to provide more specialized treatment of sex-related presenting issues, it is often unnecessary for clients to see a sex therapist for sex-related issues that are only tertiary components of a clinical presentation. Nonetheless, mental health clinicians continue to avoid sexual topics during their care, sometimes missing important components of the issue's history, etiology, and/or symptomatology.

One of the largest barriers to clinicians broaching the topic of sex is the ethical concerns of professionals. There are fundamental misunderstandings of the ethics of treating sexual issues in clinical practice. This program will provide information related to these ethical considerations, including models for arriving at appropriate ethical decisions related to treatment of sexual issues.

Learning Objectives:

After attending this intermediate-level workshop, participants will be able to:

- 1) Identify the ethical dilemmas commonly present in deciding whether or not to broach and treat sex-related issues with clients
- 2) Utilize ethical-decision-making models specific to sexual content to arrive at sound professional decisions regarding treatment of sex-related issues

Professional Bio of Robert J. Zeglin, PhD, NCC, CST, LMHC

Robert Zeglin, PhD, NCC, CST, LMHC (he/him) is a Licensed Mental Health Counselor, Nationally Board Certified Counselor, and Certified Sex Therapist. He is an Assistant Professor of and the Program Director for Clinical Mental Health Counseling at the University of North Florida. He was the Director of a mental health day program in New Jersey from 2009-2012. His area of research is human sexuality, particularly

human sexuality counselor competencies, HIV/AIDS, sexual health and wellness, and LGBTQ health. Dr. Z is the Founding Editor of the Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education and is the Director of the Community Sexual Health Education and Research Initiative. In addition to teaching and research, he continues his clinical work, seeing clients at the Jacksonville Center for Sexual Health.

Health.

Program Standards and Goals

This program meets APA's continuing education standard 1.2: Program content focuses on ethical, legal, statutory or regulatory policies, guidelines, and standards that impact psychological practice, education, or research.

This program meets APA's continuing education goal 3: Program will allow psychologists to maintain, develop, and increase competencies in order to improve services to the public and enhance contributions to the profession.

Registration and Fees:

ACSSW Members: Free

General Admission: \$40.00

TCSPP Staff/Faculty: Free

TCSPP Students: Free

TCSPP Alumni: \$20.00

Community Partners/Site Supervisors: \$20.00

Non-TCSPP Students: \$10.00

References:

Bloom, Z. D., Blount, A. J., Dillman Taylor, D. L., & Lipkin, G. (2019). The Sexual Values and Behaviors Discrepancy Model. *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*, 1(2), 69-79.

Cruz, C., Greenwald, E., & Sandil, R. (2017). Let's talk about sex: Integrating sex positivity in counseling psychology practice. *The Counseling Psychologist*, 45(4), 547-569.

Zeglin, R. J., Van Dam, D., & Hergenrather, K. C. (2018). An introduction to proposed human sexuality counseling competencies. *International Journal for the Advancement of Counselling*, 40(2), 105-121.

Zeglin, R. J., RM Niemela, D., & Vandenberg, M. (2019). What does the counseling field say about sexuality? A content analysis. *American Journal of Sexuality Education*, 14(1), 55-73.

CONTINUING EDUCATION:

Target Audience: Any mental health or health care practitioner engaged in therapeutic care and interested in furthering the discussion about evidence-based practice. Graduate students are welcome.

Psychologists. This program, when attended in its entirety, is available for 2.0 continuing education credits. The Chicago School of Professional Psychology is committed to accessibility and non-discrimination in its continuing education activities. The Chicago School of Professional Psychology is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Danielle Bohrer at 312-467-2364. There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

MFTs, LPCCs, and LCSWs. Course meets the qualifications for 2.0 hour of continuing education credit for MFTs, LPCCs, and/or LCSWs as required by the California Board of Behavioral Sciences. *If you are licensed outside of California please check with your local licensing agency to determine if they will accept these CEUs.* The Chicago School of Professional Psychology is approved by the California Board of Behavioral Sciences (BBS) to offer continuing education programming for MFTs, LPCCs, LEPs, and/or LCSWs. The Chicago School of Professional Psychology is an accredited or approved postsecondary institution that meets the requirements set forth in Sections 4980.54(f)(1), 4989.34, 4996.22(d)(1), or 4999.76(d) of the Code.

Other Non Psychologists. Most licensing boards accept Continuing Education Credits sponsored by the American Psychological Association but non-psychologists are recommended to consult with their specific state-licensing board to ensure that APA-sponsored CE is acceptable.

Participation Certificate. The Chicago School of Professional Psychology is able to provide students and other participants who simply wish to have documentation of their attendance at the program a participation certificate.

****Participants must attend 100% of the program in order to obtain a Certificate of Attendance.***



The Chicago School of Professional Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Chicago School of Professional Psychology maintains responsibility for this program and its content.

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