

A Survey of ACA Members & Sexuality Training

Program Offers 2.0 APA CEs for Psychologists, and 2.0 BBS California CEUs for LPCCs, LCSW, and LMFTs

Webinar was recorded via Zoom on March 19, 2021

Workshop Description:

The Association for Counseling Sexology and Sexual Wellness sent out a descriptive survey to counseling professionals using both CES-NET and ACA Connect Sexuality Interest Network to gauge the experiences in the knowledge, skills, and self-efficacy about sexuality and sexual wellness in counseling. Nineteen questions were created by one member of the board utilizing current textbooks and research regarding sexuality training, and were reviewed and approved by the remaining members of the board. The survey was sent out two times to get as many responses as possible, and had 178 responses.

This presentation will focus on presenting the findings of this survey, and providing implications for counselors and counselor educators (as well as other mental health fields) around what this means for the helping professions in both training and professional practice. Sexuality is a part of the human experience which cannot be ignored, especially in a counseling environment, and represents a call to action for counselors to address this at the systemic level to provide the necessary education and training to help counselors be prepared in session.

Learning Objectives:

After attending this intermediate-level workshop, participants will be able to:

1. Identify the practical applications for training effectiveness of building a systematic sexuality course.
2. Apply appropriate sexuality training skills for maximal counselor growth.

Professional Bio of Presenter, Shannon Kakkar, M.Ed.

Dr. Kakkar earned her BS in Psychology and M.Ed. in Counselor Education at Bridgewater State College. She earned a doctorate in Counselor Education and Supervision from The Pennsylvania State University. She has ten years of clinical experience in school systems, community counseling services, and working with adults, adolescents, and families. Dr. Kakkar has presented at local, national, and international counseling conferences. She is a member of ACA, ACES, ACC, ALGBTIC, and is secretary of ACSSW.

Program Standards and Goals

This program meets APA's continuing education standard 1.3: Program content focuses on topics related to psychological practice, education, or research other than application of psychological assessment and/or intervention methods that are supported by contemporary scholarship grounded in established research procedures.

This program meets APA's continuing education goal 1: Program is relevant to psychological practice, education, and/or science

Registration and Fees:

ACSSW Members: Free

General Admission: \$40.00

TCSPP Staff/Faculty: Free

TCSPP Students: Free

TCSPP Alumni: \$20.00

Community Partners/Site Supervisors: \$20.00

Non-TCSPP Students: \$10.00

References:

Murray, C., Pope, A., & Willis, B. (2017). *Sexuality counseling: Theory, research, and practice*. Sage, Inc.

Hall, W. J., Jones, B. L. H., Wikemper, K. D., Collins, T. L., & Rodgers, G. K. (2019). State policy on school-based sex education: A content analysis focused on sexual behaviors, relationships, and identities. *American Journal of Behavioral Health*, 43(3), 506-519.

Zeglin, R. J., RM Niemela, D., & Vandenberg, M. (2019). What does the counseling field say about sexuality? A content analysis. *American Journal of Sexuality Education*, 14(1), 55-73.

Zeglin, R. J., Van Dam, D., & Hergenrath, K. C. (2018). An introduction to proposed human sexuality counseling competencies. *International Journal for the Advancement of Counselling*, 40(2), 105-121.

Wilson, M. R. (2019). Too Taboo?: Preliminary Explorations of Counselor Experiences of Client Sexuality. *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*, 1(1), 60-68. <https://doi.org/10.34296/01011010> **CONTINUING EDUCATION:**

Target Audience: Any mental health or health care practitioner engaged in therapeutic care and interested in furthering the discussion about evidence-based practice. Graduate students are welcome.

Psychologists. This program, when attended in its entirety, is available for 2.0 continuing education credits. The Chicago School of Professional Psychology is committed to accessibility and non-discrimination in its continuing education activities. The Chicago School of Professional Psychology is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Danielle Bohrer at 312-467-2364. There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

MFTs, LPCCs, and LCSWs. Course meets the qualifications for 2.0 hour of continuing education credit for MFTs, LPCCs, and/or LCSWs as required by the California Board of Behavioral Sciences. *If you are licensed outside of California please check with your local licensing agency to determine if they will accept these CEUs.* The Chicago School of Professional Psychology is approved by the California Board of Behavioral Sciences (BBS) to offer continuing education programming for MFTs, LPCCs, LEPs, and/or LCSWs. The Chicago School of Professional Psychology is an accredited or approved postsecondary institution that meets the requirements set forth in Sections 4980.54(f)(1), 4989.34, 4996.22(d)(1), or 4999.76(d) of the Code.

Other Non Psychologists. Most licensing boards accept Continuing Education Credits sponsored by the American Psychological Association but non-psychologists are recommended to consult with their specific state-licensing board to ensure that APA-sponsored CE is acceptable.

Participation Certificate. The Chicago School of Professional Psychology is able to provide students and other participants who simply wish to have documentation of their attendance at the program a participation certificate.

****Participants must attend 100% of the program in order to obtain a Certificate of Attendance.***

The Chicago School of Professional Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Chicago School of Professional Psychology maintains responsibility for this program and its content.

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